

# LAZY BOOTS WESTERN DANCERS

Corsham, Wiltshire

*Appelmas*

*S. McGlary*

Stu McGlary & Ann Helmore, D & G Qualified Instructors

Tel 01249 712257 or 07968 004327

E-mail: [lazy.boots@btinternet.com](mailto:lazy.boots@btinternet.com)

## THE NEXT ONE

Choreographers: Stu McGlary & Ann Helmore, Lazy Boots WD, 2 Aug 03

Music: Brad Paisley - Hold Me In Your Arms (CD Mud On The Tires) 124bpm

After our first attempt at choreography, 'Lazy Boots Cha Cha', people kept asking "When are you doing the next one?" Well, here it is - Hope you like it!!

64 count partner dance, starting in Closed Western, Man facing LOD

Walk, Walk, Shuffle, Rock Step, Shuffle

1 - 4 Man Walk forward L, R, Shuffle forward stepping L, R, L

Lady Walk back R, L, Shuffle back stepping R, L, R

5 - 8 Man Rock forward on R, Recover weight onto L, Shuffle back on R, L, R

Lady Rock back on L, Recover weight on R, Shuffle fwd L, R, L

L Shuffle, Rock Step, Walk, Walk (Lady's Turn), Shuffle

9 - 12 Man Shuffle back stepping L, R, L, Rock back on R, Recover weight on L

Lady Shuffle fwd stepping R, L, R, Rock fwd on L, Recover weight on R

13 - 16 Man Walk R, L, Shuffle forward stepping R, L, R

Lady Turn ½ turn to L step fwd on L, R, Shuffle fwd stepping L, R, L

As lady turns take lady's right hand over ladies head rejoin in Right wrap

¼ Turn Side Shuffle, Rock Step, Shuffle to RLOD, Rock Step

17 & 18 Man Turn ¼ turn R to face OLOD, Side shuffle stepping L, R, L

Release gent's right hand, ladies left

Lady Turn ¼ L to face ILOD, Side shuffle stepping R, L, R

19 - 20 Man Rock step R behind L (turning out to face RLOD), Recover weight onto L

Lady Rock step L behind R (turning out to face RLOD), Recover weight onto R

21 & 22 Man Shuffle fwd stepping R, L, R

Lady Shuffle fwd stepping L, R, L

23 - 24 Man Step L fwd, Pivot ½ turn R (release inside hands, rejoin right palm to right palm)

Lady Rock fwd on R, Recover weight onto L

3 Shuffles (Lady's Turn), Rock Step

25 & 26 Man Shuffle fwd (toward LOD) stepping L, R, L

Lady Shuffle back (toward LOD) stepping R, L, R

27 - 30 Man Shuffle Fwd R, L, R, Shuffle fwd L, R, L

Lady Shuffle ½ turn to L stepping L, R, L, Shuffle ½ turn L stepping R, L, R

Lady turns under raised right hands

31 - 32 Man Rock fwd on R, Recover weight onto L

Lady Rock back on L, Recover weight on R

Rock Step (Lady's Turn) Shuffle, Step Pivot, Walk, Walk

33 - 36 Man Rock back on R, Recover weight onto L, Shuffle fwd stepping R, L, R

Lady Step fwd on L, Pivot ½ turn R, Shuffle stepping L, R, L (into Sweetheart position)

37 - 40 Man Step fwd on L, Pivot ½ turn R, Walk L, R

Lady Step fwd on R, Pivot ½ turn L, Walk R, L

(Lady on gents left side in cross-hand skaters hold, right hands on top)

Vine (lady's 3 Step Turn) & Touch, Step ¼ Turn Touch, Coaster Step

41 - 44      Man Step L to left side, Step R behind L, Step L to left side, Touch R next to L  
Lady Full turn to right stepping R, L, R, Touch L next to R

Lady now on gent's right side, cross hand skaters hold, right hands on top)

45 - 46      Man Step ¼ turn to face ILOD on R, Touch L next to R  
Lady Step ¼ turn to face OLOD on L, Touch R next to L

Change to Double hand hold

47 & 48      Man Step back on L, Step R next to L, Step fwd on L  
Lady Step back on R, Step L next to R, Step fwd on R  
Rock ¼ turn, Shuffles to RLOD, Rock Step (Lady's Turn)

49 - 50      Man Rock R to right side, Turn ¼ turn to left, Step fwd on L foot  
Lady Rock L to left side, Turn ¼ turn to right, Step fwd on R foot

Release gent's left, ladies' right hands, now holding inside hands

51 - 54      Man Shuffle fwd stepping R, L, R, Shuffle fwd stepping L, R, L  
Lady Shuffle fwd stepping L, R, L, Shuffle fwd stepping R, L, R

55 - 56      Man Rock fwd on R, Recover weight on L  
Lady Step fwd on L, Pivot ½ turn R

(Take hands over ladies head retain hold , gent's right hand lady's left hand)

Shuffle, Rock Step (Lady Walks), Triple Step Turn, Coaster Step

57 - 60      Man Shuffle back stepping R, L, R, Rock back on L, Recover weight onto R  
Lady Shuffle fwd stepping L, R, L, Walk fwd R, L

61 & 62      Man Shuffle ½ turn R stepping L, R, L  
Lady Shuffle ½ turn L stepping R, L, R

Take hands over lady's head during turn, take hold of gent's left ladies right

63 & 64      Man Step back on R, Step L next to R, Step fwd on R  
Lady Step back on L, Step R next to L, Step fwd on L

Rejoin in closed western hold

START AGAIN

