

LAZY BOOTS WESTERN DANCERS

S. M. W. J.

Corsham, Wiltshire

Attelmas

Stu McGlary & Ann Helmore, D & G Qualified Instructors

Tel 01249 712257 or 07968 004327

E-mail: lazy.boots@btinternet.com

Sweep Her Off Her Feet

Choreographers: Stu McGlary & Ann Helmore

Music: Like She's Not Yours - Bellamy Brothers 115bpm (CD - By Request)

48 count partner dance beginning in Closed Western position (Man facing OLOD)

Man's steps listed, Lady on opposite footwork throughout except where indicated.

32 count intro

Step, Side Shuffle, Cross Rock, Side Shuffle ¼ Turn

1 Step forward on Right foot

2 & 3 Side shuffle to left stepping L, R, L

4 - 5 Cross rock Right foot over left, Recover weight onto Left foot

6 & 7 Side shuffle to right turning ¼ turn R stepping R, L, R (facing RLOD)
(Open to promenade holding inside hands)

Rock Step (Lady Pivots) Shuffle ½ Turn, Full Free Turn, Shuffle Forward

8 - 9 Man Rock forward on Left foot, Recover weight onto Right foot

Lady Step Right foot forward, Pivot ½ turn left (facing LOD weight on left foot)
(Inside hands go over lady's head.)

10 & 11 Man Shuffle ½ turn to left to face LOD stepping L, R, L (Release hands)

Lady Shuffle forward stepping R, L, R

12 - 13 Turn Full turn to left stepping R, L

14 & 15 Shuffle forward stepping R, L, R (Lady's left hand on gent's right shoulder, Gent's right hand on lady's waist)

Pivot ¼ Turn, Reverse Pinwheel Turn,

16 - 17 Step left foot forward, Pivot ¼ turn to right (Briefly touch leading hands)

18 & 19 Man Triple step in place stepping L, R, L to face OLOD

Lady Triple step ½ turn to right stepping R, L, R to face OLOD (Lady on gent's rt side)

20 - 21 Man Step fwd on Right ¼ turn to Rt, Step fwd on Left turning ¼ turn Rt to face ILOD

Lady Step back on Left ¼ turn to Rt, Step back on Right turning ¼ turn Rt

22 & 23 Man Triple step in place turning ¼ turn to Rt to face LOD, stepping R, L, R

Lady Triple step back turning ¼ turn to Rt to face LOD, stepping L, R, L

Rock, Recover, Shuffle ½ Turn, Rock Recover, Shuffle with ¼ Turn

24 - 25 Rock step Left foot to left side, Recover weight onto Right foot

26 & 27 Shuffle forward turning ½ turn to right, stepping L, R, L

(Lady now on gent's left, right hand on gent's left shoulder, Man's left arm round lady's waist)

28 - 29 Rock back on Right foot, recover weight onto Left foot

30 & 31 Shuffle forward turning ¼ turn to left stepping R, L, R

Rock Back, Recover, Reverse Pinwheel Turn

32 - 33 Rock back on Left foot, Recover weight onto Right foot

34 - 39 Repeat steps 18 - 23 (Lady's left hand on gent's right shoulder, Gent's right arm round lady's waist)

Rock, Recover, Shuffle ½ Turn, Rock Recover, Shuffle with ¼ Turn, Step

40 - 47 Repeat steps 24 - 31

48 Man Step Left foot next to right

Lady Step Right foot next to left (Regain closed western hold)

START AGAIN

