

Terry\* & Caroline French

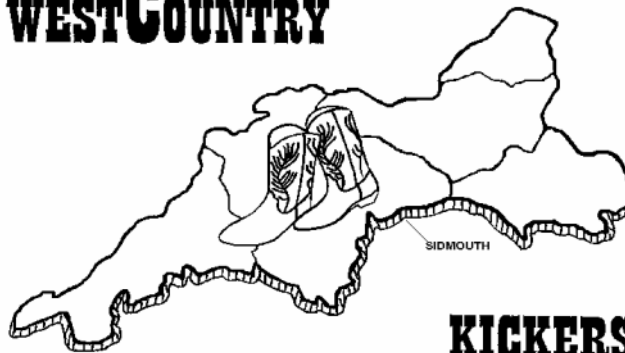
01395 - 512569

mobile - 07866 089 575

e-mail - [westcountrykickers@ic24.net](mailto:westcountrykickers@ic24.net)

\*  
Qualified Instructor with the  
D&G Organisation for  
Country Western Dance Instructors

**WESTCOUNTRY**



## Now I Know

Partner Dance (56 Count)

Choreographed By Ann Williams. Country Cousins Western Dancers. 03/07 023 9234 1758 [ronannwilliams@ntlworld.com](mailto:ronannwilliams@ntlworld.com)

Music: "Now I know" by Lari White. 100 bpm. CD "Wishes"

"How Was I To Know" By Reba McEntire. 100 bpm.

CD "What If It's You" or "Reba #1's"

"King Of Fools" By Dwight Yoakum. 112 bpm. CD "This Time"

Start facing L.O.D. in Right Open Promenade position.

Holding inside hands. Opposite feet throughout.

- 1-4 Cross. Back. Triple Step  $\frac{1}{4}$  Turn. Cross. Back. Triple Step  $\frac{1}{4}$  turn.  
Step and cross right over left. Step left back. Triple step turning  $\frac{1}{4}$  turn right to face partner.  
Briefly take up Open Double Hand Hold.
- 5-8 Step and cross left over right. Step right back. Triple step turning  $\frac{1}{4}$  turn left to face L.O.D.  
Release left hand. Now facing L.O.D. in Open Promenade position.
- 9-10 Turn  $\frac{1}{4}$ . Together. Side Shuffle  $\frac{1}{4}$  Turn. Turn  $\frac{1}{4}$ . Turn  $\frac{1}{4}$ . Shuffle.  
Step right forward turning  $\frac{1}{4}$  turn left. Step left beside right.
- 11&12 Step right to right side. Step left beside right. Turn  $\frac{1}{4}$  left stepping right back.  
Change hands as you turn to face R.L.O.D.
- 13-14 Turn  $\frac{1}{4}$  left stepping onto left to left side. Turn  $\frac{1}{4}$  left stepping right forward.
- 15&16 Left shuffle forward.  
As you turn to face L.O.D. change hands, ladys' left into mans' right.
- 17-20 Walk. Walk. Shuffle. Walk. Walk. Shuffle.  
Walk forward on right, left. Right shuffle forward.
- 21-24 Walk forward on left, right. Left shuffle forward.  
As you walk forward change hands to mans' hand on top.
- 25-26 Step. Step. (Lady  $\frac{1}{2}$  Turn) Shuffle.  
Man: Step in place on right, left.  
Lady: Step left forward turning  $\frac{1}{4}$  turn right. Turn  $\frac{1}{4}$  turn right stepping right back.  
Pass joined hands over ladys' head as she turns to face partner. R.L.O.D. Take up Open Double Hand Hold.
- 27&28 Right shuffle forward.
- 29-30 Rock. Recover. (Lady Rocks Back) Triple Step. (Lady:  $\frac{1}{2}$  Turn) Step. Step. (Lady:  $\frac{1}{2}$  Turn) Triple Step.  
Step. Step. Triple Step. (Lady Full Turn)
- 31&32 Step and rock back on left. Recover onto right.  
Man: Triple step in place left, right, left.  
Lady: Triple step on right, left, right turning  $\frac{1}{2}$  turn left.  
Pass mans' left, ladys right hands over ladys' head as she turns, when lady has her back to man start to lower left hand and raise right.
- 33-34 Man: Step in place on right, left.  
Lady: Continue turning another  $\frac{1}{2}$  turn left stepping on left, right.  
Raise right hand over ladys' head as she turns and lower into Crossed Hands in front,  
mans' right, ladys' left on top. Make the rise and fall of hands a smooth and flowing movement.  
As you lower, swing hands slightly right then left to give momentum to next move.
- 35&36 Triple step in place on right, left, right.
- 37-40 Man: Step in place on left, right. Left shuffle moving slightly to left.  
Lady: Step on right, left, triple step making a full turn right  
Pass hands over ladys' head to end right shoulder to right shoulder, arms spread.
- 41-44 Walk, Walk Shuffle Pinwheel  $\frac{1}{2}$  Turn. Walk, Walk Shuffle  $\frac{1}{2}$  Turn. (Lady: Cross, side, Triple Step)  
Walk forward on right, left, right shuffle, making  $\frac{1}{2}$  Pinwheel turn to right.
- 45-48 Man: Walk forward on left, right, making  $\frac{1}{2}$  turn right passing behind lady. Left shuffle forward.  
Lady: Step right to right side. Step left beside right. Right shuffle forward.  
Release left hand, raise right over ladys head into Right Open Promenade position.
- 49-50 Step. Pivot. Shuffle  $\frac{1}{2}$  Turn. Rock. Recover. Shuffle.  
Step right forward. Pivot  $\frac{1}{2}$  turn left to face R.L.O.D.  
Release hands.
- 51&52 Right shuffle making  $\frac{1}{2}$  turn left to face L.O.D.  
Rejoin inside hands.
- 53-54 Step and rock back on left. Recover onto right.
- 55&56 Left shuffle forward.

HAPPY DANCING