

LAZY BOOTS WESTERN DANCERS

Corsham, Wiltshire

Ann Helmore

Stu McGlary & Ann Helmore, D & G Qualified Instructors

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LOUVIN CHA

Choreographers: Stu McGlary & Ann Helmore

Music: How's The World Treating You - James Taylor & Alison Krauss (83bpm)
(CD: Livin', Lovin', Losin' Songs of The Louvin Brothers)

32 Count Partner dance, starting in Right Side by Side

Partners on same footwork throughout (except where stated)

(Cue info: The first line of lyrics begins 'I've had nothing but sorrow', Start the dance on the first syllable of 'sorrow')

Alternative Music: South Of Santa Fe - Brooks & Dunn

Or try Islands In The Stream by Kenny & Dolly!!

Step back, Rock Back, Recover, Shuffle Fwd, Rock Step Triple ½ Turn

1 Step back on Right foot

2 - 3 Rock back on Left foot, Recover weight onto Right foot

4 & 5 Left Shuffle forward stepping L, R L

6 - 7 Rock forward on Right foot, Recover weight onto Left foot

8 & 9 Triple step ½ turn to right stepping R, L, R (moving to RLOD)

Pivot ½ Turn, Left Shuffle Fwd, Pivot ½ Turn, Right Shuffle Forward

10 - 11 Step Left foot forward, (Release left hands, raise right) Pivot ½ turn to right
(weight on Right foot, facing LOD, rejoin left hands in sweetheart)

12 & 13 Left Shuffle forward stepping L, R L

14 - 15 Step Right foot forward, (Release right hands, raise left) Pivot ½ turn to left
(weight on left foot, facing RLOD, rejoin right hands in sweetheart)

16 & 17 Right shuffle forward stepping R, L, R

Rock Step, Triple ½ Turn, Walk, Walk (Lady Turns), Shuffle

18 - 19 Rock forward on Left foot, Recover weight onto right foot

20 & 21 Triple step ½ turn to left stepping L, R, L (moving to LOD)

22 - 23 Gent Walk forward on Right, Left (release left hands, Lady turns under right hands)

Lady Step forward on right foot, turning ½ turn to left, step back on left foot completing full turn to left (now facing LOD, rejoin left hands in sweetheart)

24 & 25 Right shuffle forward stepping R, L, R

Walk, Walk (Lady Turns), Shuffle, Rock Step, Back Shuffle

26 - 27 Gent Walk forward on Left, Right (release left hands, Lady turns under right hands)

Lady Step forward on left foot, turning ½ turn to right, step back on right foot completing full turn to right (now facing LOD, rejoin left hands in sweetheart)

28 & 29 Left Shuffle forward stepping L, R L

30 - 31 Rock forward on right foot, Recover weight onto left foot

32 & 1 Shuffle back stepping R, L, R (note that last step back on right is first count of next pattern)

CONTINUE DANCING

Note: If you start the dance on count 2 it becomes an 'on-beat' cha-cha' for those of you who don't like dancing to an off beat rhythm.