

It's The Season

Choreographer : Linda Sansoucy

APDEL – NTA- ACDC - YCWDC

Cap St-Ignace, Quebec, Canada – October 2005

E-mail : servicep@globetrotter.net

Phone: 418-246-3319

Partner Dance : Beginner/Intermediate
Description : 32 count
Position Side By Side <i>LOD</i>
Intro: 16 count
Music : Let Your Love Flow – Bellamy Brothers with Hal Ketchum & Lisa Brokop <i>116 BPM</i>

1-8 2X SKATE, SHUFFLE FORWARD, FORWARD ROCK STEP, COASTER STEP

- 1-2 Skate **Right** forward, Skate **Left** forward
3&4 **Right** shuffle forward (**R,L,R**)
5-6 Rock **Left** forward, Recover onto **right**
7&8 Step **left** back, Step **right** together, Step **left** forward

9-16 MAN: 2X WALK, LADY: FULL TURN LEFT, SHUFFLE FORWARD, STEP FORWARD, PIVOT ¼ RIGHT, CROSS SHUFFLE

- Man**
Release left hands. Raise right hands.
1-2 Walk forward **right, left**
Lady
1-2 Full turn left, stepping **right, left** (travelling)
Resumes Side By Side
3&4 **Right** shuffle forward (**R,LR**)
Man behind Lady in Indian Position
5-6 Step **Left** forward, Pivot ¼ turn right *OLOD*
7&8 Cross **left** over right. Step **right** to side. Cross **left** over right.

17-24 SIDE ROCK STEP, SAILOR STEP, SAILOR STEP ¼ TURN LEFT, SHUFFLE

- 1-2 Side Rock on **right**, Recover onto left
3&4 **Right** Sailor Step
5&6 **Left** Sailor Step turning ¼ turn left *LOD*
Resumes Side By Side
7&8 **Right** shuffle forward (**R,LR**)

25-32 MAN : 2X WALK, LADY : FULL TURN RIGHT, SHUFFLE, 2X MILITARY PIVOT

- Man**
Release left hands. Raise right hands.
1-2 Walk forward **Left, Right**
Lady
1-2 Full turn right, stepping **left, right** (travelling)
Resumes Side By Side
3&4 **Left** Shuffle forward (**L,R,L**)
Release Right Hands, Raise left Hands.
5-6 Step **right** forward, Pivot ½ turn left *ROLD*
7-8 Step **right** forward, Pivot ½ turn left *LOD*
Resumes Side By Side
Begin Again!