

# LAZY BOOTS WESTERN DANCERS

Corsham, Wiltshire

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## CAJUN POLKA

**Choreographer** John & Jean Miles (UK.Sept.99)  
**Description** Partner Dance (56 Counts) Start in Right Side by Side [aka Sweetheart]  
**Music:** Jambalaya Eddy Raven (BPM:125) (CD: Fever 8)  
Dueling Banjos - Daily Planet (BPM:142) (CD: Fever 7)

### Rt & Lt Heel Hook Combination

1-2 Right heel touch forward - Hook right foot up across front of left  
3-4 Right heel touch forward - Step right back in place beside left  
5-6 Left heel touch forward - Hook left foot up across front of right  
7-8 Left heel touch forward - Touch left toe beside right

### Step Pivot 1/2 Turn x 2, Lt Shuffle, Rt Shuffle Forward

1-2 Left step forward - Make 1/2 turn to right (*Release left hands on turn*)  
3-4 Left step forward - Make 1/2 turn to right (*Rejoin hands in Side-by-Side*)  
5&6 Left shuffle forward (LRL)  
7&8 Right shuffle forward (RLR)

### Lt & Rt Heel Hook Combinations

1-2 Left heel touch forward - Hook left foot up across front of right  
3-4 Left heel touch forward - Step left back in place beside right  
5-6 Right heel touch forward - Hook right foot up across front of left  
7-8 Right heel touch forward - Touch right toe beside left

### Step Pivot 1/2 Turn x 2, Rt Shuffle, Lt Shuffle Forward

1-2 Right step forward - Make 1/2 turn to left (*Release right hands on turn*)  
3-4 Right step forward - Make 1/2 turn to left (*Rejoin hands in Side-by-Side*)  
5&6 Right shuffle forward (RLR)  
7&8 Left shuffle forward (LRL)

### Lady's Rolling 1/2 Turn Right - Man's Rolling 1/2 turn Left:

1-4 **Lady:** Make 1/2 turn to right stepping right, left, right and touch with left  
(*Release left hands on turn*) (*Lady will be facing RLOD*)  
**Man:** Step in place right, left, right, Touch left  
5-8 **Man:** Make 1/2 turn to left stepping left, right, left, and touch with right  
(*Bring right hand over head on turn*) (*Both Man & Lady will be facing RLOD*)  
**Lady.** Step in place left, right, left, Touch right

**Rt Heel Hook, Rt Shuffle & Lt Shuffle Forward, Step Pivot  $\frac{1}{2}$  Turn**

- 1-2 Right heel touch forward - Hook right foot up across front of left  
3&4 Right shuffle forward (RLR)  
5&6 Left shuffle forward (LRL)  
7-8 Right step forward - Make 1/2 turn to left (*Rejoin hands in Side-by-Side*)

**Rt Shuffle, Lt Shuffle, Rt Shuffle, Lt Shuffle Forward:**

- 1 &2 Right shuffle forward (RLR)  
3&4 Left shuffle forward (LRL)  
5&6 Right shuffle forward (RLR)  
7&8 Left shuffle forward (LRL)

BEGIN AGAIN

